



Daniela Ryf



Birthday / home town	29 May 1987 / Feldbrunnen/SO, Switzerland
Nickname	Angry Bird
Motto	Success does not mean winning everything but making the best of every situation.
Website	www.danielaryf.ch
Disciplines	Since 2014 Daniela Ryf is competing triathlon in long distance (ironman), beforehand she competed middle and Olympic distance.
Team and Coach	Bahrain Endurance, Brett Sutton (AUS)
Career highlights	4x Ironman World champion Hawaii 5x Ironman 70.3 World champion 2x Ironman 70.3 European champion 2x Ironman European champion 2018 and 2015 Swiss sports personality of the year 2015 Winner Triple Crown
Season 2020	No competitions because of the Corona pandemic
Season 2019	13 th place Ironman World Championship Hawaii (USA) 1 st place Ironman 70.3 World Championship Nizza (FRA) 1 st place TIME Triathlon Alpe d'Huez, Spirit Tri Series (FRA) 1 st place Ironman Austria, Klagenfurt (AUT) 1 st place Ironman 70.3 Rapperswil-Jona (CH) 1 st place Ironman Texas (USA) 1 st place Ironman 70.3. Oceanside (USA, course record)
Sponsors	RedBull Bahrain Endurance Asics Felt Bicycles DT Swiss / Swisside Mercedes-Benz Breitling