



Daniela Ryf



Birthday / home town	29 May 1987 / Feldbrunnen/SO, Switzerland
Nickname	Angry Bird
Motto	Success does not mean winning everything but making the best of every situation.
Website	www.danielaryf.ch
Disciplines	Since 2014 Daniela Ryf is competing triathlon in long distance (ironman), beforehand she competed middle and Olympic distance.
Team and Coach	Bahrain Endurance, Brett Sutton (AUS)
Career highlights	<p>4x Ironman World champion Hawaii 5x Ironman 70.3 World champion 2x Ironman 70.3 European champion 2x Ironman European champion 2018 and 2015 Swiss sports personality of the year 2015 Winner Triple Crown</p>
Season 2019	<p>13th place Ironman World Championship Hawaii (USA) 1st place Ironman 70.3 World Championship Nizza (FRA) 1st place TIME Triathlon Alpe d'Huez, Spirit Tri Series (FRA) 1st place Ironman Austria, Klagenfurt (AUT) 1st place Ironman 70.3 Rapperswil-Jona (CH) 1st place Ironman Texas (USA) 1st place Ironman 70.3. Oceanside (USA, course record)</p>
Season 2018	<p>1st place Ironman World Championship Hawaii (new course record) 1st place Ironman 70.3 World Championship South Africa 1st place Ironman 70.3 Gdynia (new world record) 1st place Ironman 5150 Zurich 1st place Ironman European Championship Frankfurt 1st place Ironman 70.3 Rapperswil</p>
Sponsors	<p>RedBull Mercedes Benz Breitling gazenergie Felt Bicycles Asics DT Swiss / Swissside Nutriathletic Scatta Deboer Wetsuits</p>